



Monika Edyta Ciereszko

CAREER & MINDSET COACH



Career Coaching Packages

Price List 2020

Bespoke career coaching for individuals looking for a career in law

As an experienced recruiter, I will be able to guide you through the application process, prepare you for interviews, and offer any insight to the sector that I have.

3 session package (£250)	6 session package (£450)	9 session package (£630)	12 session package (£800)
<p>Our work together will include:</p> <ul style="list-style-type: none"> • 3x 45 mins one-to-one sessions. • Homework and accountability. • Tools, recommendations, articles & worksheets to support learning. • Email support. <p>Once the three sessions are complete, there is the option to extend.</p>	<p>Our work together will include:</p> <ul style="list-style-type: none"> • Preparation materials so you can get a jump-start. • A 60 mins Discovery Session where we customise our approach, delve deeply into your goals and determine next steps. • 4x 45 mins sessions. • Targeted homework assignments. • A 60 mins completion session to review progress and determine next steps. • Email support. 	<p>Our work together will include:</p> <ul style="list-style-type: none"> • Preparation materials so you can get a jump-start. • A 60 mins Discovery Session where we customise our approach, delve deeply into your goals and determine next steps. • 7x 45 mins sessions. • A deeper exploration of your values, deeper work with Saboteurs, Life Purpose, and customised tools and resources. • Targeted homework assignments. • A 60 mins completion session to review progress and determine next steps. • Email support and overall cheerleading. 	<p>Our work together will include:</p> <ul style="list-style-type: none"> • Preparation materials so you can get a jump-start. • A 60 mins Discovery Session where we customise our approach, delve deeply into your goals and determine next steps. • 10x 45 mins sessions. • A deeper exploration of your values, exercises to develop internal resources such as "Inner Leader + Allies", deeper work with Saboteurs Life Purpose and customised tools and resources. • Mid-term review of progress. • Targeted homework assignments. • A 60 mins completion session to review progress and determine next steps. • Email support and overall cheerleading.
<p>Pay As You Go (£95)</p> <p>Finally, if you cannot invest into any package but need a one-off session to improve your application or test your interview skills, I will be happy to offer a one-off 60mins session. Prior to this service, I will need to see all relevant information (CV, Cover Letter).</p>			

- All sessions tailored to your requirements.
- To boost confidence we will tap into mindset coaching.
- All sessions via Zoom and to be paid in advance.
- Strict 48hr cancellation policy.
- Email me to find out more about bespokeing a session to suit your needs.
- Group workshops and webinars.
- Costs will be provided upon request.

About Monika

Monika is a qualified coach, career consultant, and a former recruiter.

- She spent the last 15 years working in HR and her specialism was graduate recruitment.
- She worked with leading international corporations, educational institutions, and a global US law firm Shearman & Sterling.

- Offering one to one coaching to those who are struggling with their application forms and interview preparation.
- A few years ago, she transitioned to a full-time career in coaching and professional development, helping individuals secure vacation schemes and training contracts.

Promotion!

If any of your contacts sign up for coaching with me (minumum three sessions), you will be given one complimentary session of coaching.

Please note that there is no limit to the amount of complimentary sessions you may recieve!

To sign up for a coaching package, contact Monika directly:



www.monikaedyta.co.uk